



LIFE CHANGE & TRANSITIONS LLC

Michele Coppola Wilson, Transitions Coach

Specializing in Marriage Reconciliation, Separation and/or Divorce

Offices in Tinton Falls and Manasquan, NJ

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MARRIAGE COACHING

DESCRIPTION OF SERVICES:

- Marriage Coaching for Couples involves an intensive and thorough marriage enrichment program utilizing concepts from the top pioneers in the field that are held in high esteem as relationship experts. This includes, but is not limited to, the work of John M. Gottman, Ph.D., Mort Fertel and Gary Chapman.
- The Marriage Coaching for Couples program empowers the couple, through marriage education, to devise a plan that provides them with the best chance of a successful and happy marriage for a lifetime. The program has been tested and has helped many Couples take a good marriage and make it a great marriage.
- The Marriage Coaching for Couples program is solution-based which provides for a resolution of the issues in the marriage in a brief time period. Unlike conventional counseling, Coaching is self-directed and goal-oriented. The Couple is given tactical tools on how to handle obstacles in the marriage and how to capitalize on their strengths as a Couple.