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## **BEST INTEREST COACHING**

If either spouse files for divorce, the Court system will require you to attend a mandatory Parent Education Seminar to learn how to parent a child experiencing the altering life change of divorce. You don't need to be in litigation to have this information presented to you and it would be a good idea for you to learn all you need before you enter into that process.

I have experienced this life change myself as a child of divorce when I was 7 years old and again when I divorced my former spouse and my children were 12 and 16 years old. I met my current husband whose children were also experiencing divorce at ages 13, 17 and 19.

I have a Psychology Degree where I was educated on how children respond to stimuli and experiences in their environment at different age levels. I have a keen awareness both personally and professionally as I have experienced many people going through divorce since 2010 and have been skilled at helping people manage that changes their children experience.

I can teach you what a child needs at each age level in order to minimize the collateral damage that divorce has on their emotional well-being. I am skilled at this and can help you become skilled at it too!